WHAT I DO

Today's business and community leaders are managing through more change than ever. Those changes can be overwhelming, complex, and often, move fast.

So I teach strategies leaders and professionals can use every day to manage through change easier, making better, more confident decisions with less stress, in less time. After using these strategies, my clients feel---and become---more successful in their work (and actually, in their life outside of work, too.)

WHO I HELP

LEADERS & HIGH-PERFORMING PROFESSIONALS IN SITUATIONS LIKE THESE:

- Wrestling through major change, whether positive (such as business growth), or negative (such customer loss or personal stress).
- Newly promoted or hired & needing to get productive fast.
- Experienced in their technical subject but needing to grow their business acumen, communication & people skills.
- In a team that must work better together to achieve a business result or goal.
- Weighing their next career decision (whether inside or outside their existing organization) and asking “what’s next for me.”
- Knowing they need to retain and engage the best employees in order to sustain business success.

WHERE I SPEAK, FACILITATE & TEACH

- Leader, employee or team development events.
- Customer & client appreciation events.
- Department or affinity group professional development meetings.
- Within technical or company-specific training as an energy booster.
- Professional & trade association meetings, workshops & conferences.
- On webinars & teleseminars for companies and professional groups.
MY MOST POPULAR SPEAKING TOPICS

HOW TO BRING YOUR SUPERPOWERS TO WORK: LEADING FROM YOUR STRENGTHS

In today’s complex, problem-saturated workplace, it sometimes seems like we’re holding out for a hero. But instead of waiting, what if you found out that the hero was you? In this session, we’ll:

- Expose the myths and the mindsets that keep us from thriving in our new world of work;
- Understand what it really means to focus on our strengths—and what it means for our weaknesses; and
- Gain clarity and build confidence to take control in your workplace, no matter what your role.

COMMUNICATING YOUR VALUE (WHILE YOU’RE DOING EVERYTHING ELSE)

You excel at making sure others are given top priority, but when it comes to promoting your own value, you can easily put yourself last. What if you could better explain your value and accelerate the value of your organization, too? In this session, we’ll learn:

- Why it’s more important than ever to talk about your superpowers, strengths & talents—and not for the reasons you might think
- Simple ways to identify—and tell—your success stories without feeling like you’re bragging; and
- How to use everyday situations to communicate your extraordinary value

MASTERING THE ART OF BRAGGING: WHAT TODAY’S HUMBLE LEADERS NEED TO KNOW

You were taught it’s not okay to brag, right? Join the club. But in today’s world, there are important and surprising reasons why high performing professionals need to regain this lost skill and start sharing their success stories more freely. In this highly interactive session, we’ll learn:

- Why we can no longer afford to consider "brag" a four-letter word;
- The three surprising reasons we need to start bragging today, and;
- How to brag so others don’t gag.