



What I Know Now: Course Recap

As we come to the close of our course, let's recap all of the things you've uncovered and now know. Putting all of this data in one place helps you make the best career decision for you.

Set a timer for 15 minutes. Answer these as quickly and honestly as you can.

If you get stuck, trust your gut and answer the question anyway. There's no right or wrong! Then plan to go back to the course guide page to review the relevant lesson again.

It's been my honor to be your coach in this course! As always, if you have questions, I'm here for you, so just ask. –Darcy

Here's What I Know Now

Today's date: _____

1. Here's what I know now about my vision for the future. . .
(Starter suggestions: "I want. . ." "I will need . . ." "I plan to. . .")

2. Here's what I know now about what I value and how close I am toward living according to them now:

3. Here's what I know now about what my superpowers are and how close I am to bringing them to work regularly now:

4. Here's what I know about my ideal environment, and how close I am to working in it regularly now:

5. Here's what I know about what ideas, beliefs or assumptions were getting in my way of making my next career decision:

6. Here's what I know about what might be possible for me to choose, ask for, or create, right in the organization where I am now:

7. Here's the story I can tell, both internally and externally, about who I am and what I do (my who & do what statement):

8. Here's what I know about the things I need to decide between (this or that) and by when:

9. Here's what else I know (or have gotten clearer about) since I started this course:

Additional Reflections

We won't go through these in the lesson, but if you have time, here are additional recap questions that may help you reinforce what you've learned throughout our course.

- Here's what I know I need to do to be more visible and viable both inside and outside my company:

- Here are the conversations I know I need to have internally:

- Here's what I know I need to do to start or expand my networking while I work:

- Here's what I know about recruiters and job boards if I'm exploring externally:

- Here's how I'll avoid falling for the biased brain . . .

- Here's the next question I need to ask Darcy . . .

Great! Now, send me those questions at Darcy@RedCapeRevolution.com.
You're awesome!

