
Creating Your Personal Vision

Your Name: _____ Today's Date: _____

As you think about "what's next" for you, it's often hard to step away from where you are today. Use this exercise to open up possibilities and fresh ideas.

*Answer the questions in the **present** tense, as if it was happening right now. **There are no right or wrong answers, so don't let yourself get stuck.** One trick: set a timer for 15 minutes and write as fast as you can without thinking about what you're writing. Don't worry about grammar or punctuation. The space will expand, so anything and everything that comes to mind.*

*If you're one of our private coaching clients, **save** this completed information and upload it to your confidential Red Cape Revolution Dropbox folder before our coaching session.*

Let's get started!

- Today's date is [*how far in the future do you want to project?*] . . .

- I live in

- As I look around, I'm feeling grateful for . . .

- I sleep well at night knowing all aspects of my life serve a purpose that is meaningful to me. That purpose is . . .

- The best decision I made to get to this place was . . .

- The one belief or habit I needed to let go to get to this place was . . .

- The other lessons or experiences I don't want to forget are . . .

- Looking back, if I could give my "today" self some words of advice, those words would be . . .

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About Red Cape Revolution

Our company provides **executive coaching and leadership development services, plus career and success content and tools that reflect today's realities, pressures, and opportunities.** With a sense of humor about a serious subject, we strive to be the place where smart leaders can change their life at work and find fresh ways to create success for the organization and for themselves.



Our mission is to help drive a movement—a revolution—redefining and recreating the rules around how choose to live our lives at work today. Our work out in the world and our ideas shared at our home, www.RedCapeRevolution.com, all aim to generate more clarity, confidence and control in our lives at work, no matter what's happening in any one economy, industry, or company.

We know from our work with hundreds of clients that **when clarity, confidence, and control accelerate, fear fades, and a more successful, happier, and productive workplace emerges.** And those results are equally good for individuals, companies, communities, and the world.

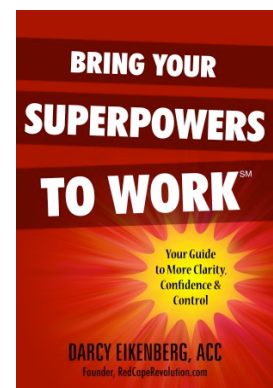
About the Founder, Darcy Eikenberg, PCC



Darcy helps high performance professionals accelerate their leadership in ways that work for their organizations and for themselves. With a practical, real-life perspective, and with over 20 years' experience working with top companies such as The Coca-Cola Company, Microsoft, and Deloitte, **Darcy's clients consistently grow to greater levels of clarity, confidence and control in their work and lives—all leading to better business results.**

Before launching her own business, Darcy was a Principal at human resources consulting firm Hewitt Associates (now part of Aon), where she served on both the Southeast and the North American Communication Consulting Leadership teams. In those roles, she was accountable for developing and retaining talent, building managers and teams, and growing a healthy bottom-line. She also innovated and led an internal coaching program supporting high potential associates and high revenue teams.

In addition to her work with executives and leaders, Darcy founded career and success site RedCapeRevolution.com as a way to help everyday professionals at all levels discover their "superpowers" and make a bigger difference in their own corners of the world. Her book, ***Bring Your Superpowers to Work: Your Guide to More Clarity, Confidence and Control***, is available on Amazon and BN.com.



Darcy is a popular speaker, working with organizations such as the International Association of Business Communicators (IABC), the Risk Management Society (RIMS), and the Public Relations Society of America (PRSA). She's been quoted in the *Harvard Business Review*, CNN.com, *Atlanta Journal-Constitution* and CareerBuilder.com among others. Darcy is the past president of the Georgia chapter of the International Coach Federation (ICF) and earned her professional coaching credentials through ICF. Darcy graduated from Northwestern University. **She welcomes hearing from you!**

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