
What's Your Contingency Plan?

It's great to have big goals. It's awesome to have the courage to pursue them with vigor. But it's smart to have a contingency plan to back you up in case something goes awry.

Think of it like this—even the most accomplished tightrope walker doesn't forget to check the nets. Use this worksheet to get your nets in place!

1. The big step I want to take is . . .

2. The top three reasons why I want to do this are . . .

3. The top three fears I have about doing this are . . .

4. For each of the fears you outlined, list at least one thing you'll do now to prepare for or counteract that fear.

Fear	Contingency action
<i>(for example: "I won't have a regular paycheck and I might find it hard to pay my bills")</i>	<i>(Right now, while I do have a regular paycheck, I'll take a hard look at my expenses and see what I can cut to build up my savings."</i>

Add as many pages as you need.

5. What else needs to be part of your contingency plan?

If we can provide coaching or other tools to help you overcome your fears, contact us at info@RedCapeRevolution.com.