



Risk Evaluator Worksheet

*This worksheet is part of our on-demand course “**Should You Stay or Go? Make the Right Decision for Your Career.**” It’s designed to help you evaluate the risks of specific actions or decisions so you can get unstuck and move forward, fast. Dive in now, and if you have questions, email me at Darcy@RedCapeRevolution.com or go to AskDarcy.com and request a free coaching consultation. Thanks! –Coach Darcy*

1. Gaining Clarity

What’s the risk you are considering? Be as specific as possible.

On a scale of 0-10, with 0=not at all and 10=completely, how confident are you that you clearly understand both the potential gains and losses in this risk?



What do you need to ask, learn or do to be at a 10?

2. Evaluating Downside

If you took this risk, what's the worst that could happen? Be specific.

In what ways are you already prepared should the worst happen?

Think about specifics like financially, emotionally, spiritually, mentally, resource-wise, relationship-wise, etc.

On a scale of 0-10, with 0=not at all likely and 10=completely likely, what is the likelihood of the worst happening?



If the worst happens, what are the three things you'd do first?

3. Evaluating Upside

If you took this risk, what's the best that could happen? Be specific.

In what ways are you already prepared should the best happen?

Think about specifics like financially, emotionally, spiritually, mentally, resource-wise, relationship-wise, etc. What does the best make possible?

On a scale of 0-10, with 0=not at all likely and 10=completely likely, what is the likelihood of the best happening?



If the best happens, what are the three things you'd do first?

4. Confirming Your Action

Now, after evaluating the upside and downside, how confident are you that the risk is worth it for you? Rate your confidence on a scale of 0-10, with 0=not at all and 10=completely.



If you rated your confidence at a 5 or less, what's the thing you know you need to do instead? Start this exercise over with that risk in mind.

If you rated your confidence between 5 and 7, what do you need to do, ask, or learn to be at a 10?

If you rated your confidence higher than 7, what are the one or two things you need to do now to start moving forward?

Thanks for completing the Risk Evaluator Worksheet! If you're ready to move your discoveries into action, you're invited to join me for a free coaching consultation where we can go deeper into your risks, rewards, and next steps.

Get started now at AskDarcy.com.