

## **Creating Career Courage:**

*How to Be Brave at Work Without Being Stupid*

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### **Getting Started**

What people or actions come to mind when you think of the word “courage”?

What people or actions come to mind when you think about “career courage”?



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The biggest risk to your career is being \_\_\_\_\_

\_\_\_\_\_.

What's the \_\_\_\_\_ that's getting in your way?

## How to Be Brave at Work Without Being Stupid

Use the eight steps of the courage \_\_\_\_\_ to help you decide.

1. What's the \_\_\_\_\_ I'm considering?

2. How important is it to me \_\_\_\_\_?

In \_\_\_\_\_?  
(Use a scale of 1=not at all, 10=extremely important)

3. Where is my place of \_\_\_\_\_?

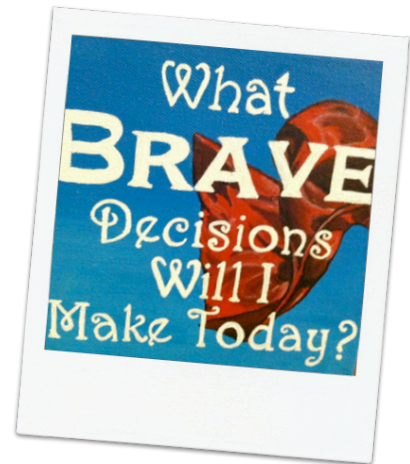
4. Who \_\_\_\_\_? Who \_\_\_\_\_?

5. What's the \_\_\_\_\_ thing that can happen? The \_\_\_\_\_?

6. How likely is it that the \_\_\_\_\_ will happen?  
(Use a scale of 1=not at all, 10=extremely important.)

7. What's my \_\_\_\_\_?

8. What's the \_\_\_\_\_ I need to take now?



What would you do with more courage at work?

What's the support you need to make sure you succeed?

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*Want more? Download free resources from RedCapeRevolution.com:*

- What's Your Contingency Plan? (downloadable tool)  
<http://redcaperevolution.com/career-courage-challenge-day-27/>
- How to Say No at Work: 13 Scripts & Strategies  
[www.tinyurl.com/RCRsayno](http://www.tinyurl.com/RCRsayno)
- What to Say to Build Confidence at Work  
[www.tinyurl.com/RCRConfidence](http://www.tinyurl.com/RCRConfidence)
- Planning Guide: How to Network While You Work  
[www.tinyurl.com/NetworkwithDarcy](http://www.tinyurl.com/NetworkwithDarcy)
- The Only Three Questions You Need to Answer Now to Get Career Clear (video training)  
<http://tinyurl.com/GetCareerClear3>
- 27 Days to Change Your Life at Work (ebook)  
<http://tinyurl.com/27DaysRedCape>
- *Earlier this year, we ran a live 30-Day Career Courage Challenge. Access all 30 of the challenges here:*  
<http://redcaperevolution.com/category/career-courage/>

Also, check out our Free Tools library with more tools to help you create clarity, build confidence, and take control: <http://www.RedCapeRevolution.com/free-tools>.

## About Red Cape Revolution

Our company provides **executive coaching and leadership development services**, plus **career and success content and tools that reflect today's realities, pressures, and opportunities**. With a sense of humor about a serious subject, we strive to be the place where smart leaders can change their life at work and find fresh ways to create success for the organization and for themselves.



Our mission is to help drive a movement—a revolution—redefining and recreating the rules around how choose to live our lives at work today. Our work out in the world and our ideas shared at our home, [www.RedCapeRevolution.com](http://www.RedCapeRevolution.com), all aim to generate more clarity, confidence and control in our lives at work, no matter what's happening in any one economy, industry, or company.

We know from our work with hundreds of clients that **when clarity, confidence, and control accelerate, fear fades, and a more successful, happier, and productive workplace emerges**. And those results are equally good for individuals, companies, communities, and the world.

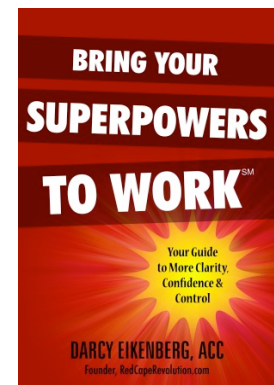
### About the Founder, Darcy Eikenberg, PCC



**Darcy helps high performance professionals accelerate their leadership in ways that work for their organizations and for themselves.** With a practical, real-life perspective, and with over 20 years' experience working with top companies such as The Coca-Cola Company, Microsoft, and Deloitte, **Darcy's clients consistently grow to greater levels of clarity, confidence and control in their work and lives—all leading to better business results.**

Before launching her own business, Darcy was a Principal at human resources consulting firm Hewitt Associates (now part of AON), where she served on both the Southeast and the North American Communication Consulting Leadership teams. In those roles, she was accountable for developing and retaining talent, building managers and teams, and growing a healthy bottom-line. She also innovated and led an internal coaching program supporting high potential associates and high revenue teams.

In addition to her work with executives and leaders, Darcy founded career and success site [RedCapeRevolution.com](http://RedCapeRevolution.com) as a way to help everyday professionals at all levels discover their "superpowers" and make a bigger difference in their own corners of the world. Her book, ***Bring Your Superpowers to Work: Your Guide to More Clarity, Confidence and Control***, is available on Amazon and BN.com.



Darcy is a popular speaker, working with organizations such as the International Association of Business Communicators (IABC), the Risk Management Society (RIMS), and the Public Relations Society of America (PRSA). She's been quoted in the *Harvard Business Review*, CNN.com, *Atlanta Journal-Constitution* and CareerBuilder.com among others. Darcy is the past president of the Georgia chapter of the International Coach Federation (ICF) and earned her professional coaching credentials through ICF. Darcy graduated from Northwestern University. **She welcomes hearing from you!**

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